

## Training Event Registration

(Please Print Clearly – March 1 Registration Deadline)

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_  
\_\_\_\_\_

Email Address \_\_\_\_\_

Day Telephone \_\_\_\_\_

Evening Telephone \_\_\_\_\_

Agency Name \_\_\_\_\_

FEW Chapter \_\_\_\_\_

### Type of Registration (Please Include Fee)

Full Day With Luncheon \$99 \$ \_\_\_\_\_

Luncheon Only \$35 \$ \_\_\_\_\_

### Workshop Choices (Please Identify Codes):

Choice #1 A.M. \_\_\_\_\_ Choice #2 A.M. \_\_\_\_\_

Choice #1 P.M. \_\_\_\_\_ Choice #2 P.M. \_\_\_\_\_

Additional Fee for Workshop #201 \$ \_\_\_\_\_ \$4.00

Total Registration Fee \$ \_\_\_\_\_

### **Method of Payment:**

Check Payable to FEW (Enclosed)

Credit Card (See Below)

Credit Card Name (i.e. VISA)  
\_\_\_\_\_

Credit Card No. \_\_\_\_\_

Credit Card Security Code \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

**Please tell us about any special needs/requirements:**  
\_\_\_\_\_

## Hotel Information

The **Fern Valley Hotel** located directly off Interstate 65, Exit 128, Fern Valley Road, is just minutes from downtown Louisville, KY.

Please visit their website for more specific information, <http://www.fernvalleyhotel.com>.

The government rate is \$79 plus tax. For hotel reservations, call 1-502-964-3311 and mention the Derby City Chapter FEW 2010 Training Event.

For more information on things to do in Louisville, KY, please visit the following website:

<http://gotolouisville.com/>



## 2010 Training Event

**Hosted by  
Derby City Chapter  
Federally Employed  
Women**



**March 16, 2010  
Fern Valley Hotel &  
Conference Center  
Louisville, Kentucky**

## Training Program Agenda

**Registration**  
**8:00 to 8:30 a.m.**

**Morning Workshops**  
**8:30 a.m. – 11:30 a.m.**

### CODE    TITLE AND SPEAKER

- 101**    **USAJOBS**  
E. Anne Carter  
Training Specialist  
U.S. Census Bureau
- 102**    **Retiring With Confidence**  
Pamela Rankin  
CSRS/FERS BENEFITS SPECIALIST  
Benefit Planning, Inc.

### LUNCHEON

**“Working In The Positive Zone”**  
**Featuring Susan Miller**  
**Re-Energizing Communications, Inc.**  
**11:45 a.m. to 1:15 p.m.**

**Afternoon Workshops**  
**1:30 to 4:30 p.m.**

- 201**    **Fundamentals of Project Management**  
Paul Bryan  
U.S. Census Bureau
- 202**    **The Best Kept Secrets of Federal Sexual/Racial Harassment and Discrimination**  
Carol Dawson, Owner  
EEO GUIDANCE, Inc.

## Workshop Information

### **“USAJOBS”**

USAJOBS is the official job site of the United States Federal Government. It's the one-stop source for federal jobs and employment information. This workshop will provide up-to-date tips on using the special features and recent changes in the USAJOBS website to secure the federal job you really desire.

### **“Retiring With Confidence”**

This financial training forum provides a realistic overview of what to expect at retirement. This valuable session teaches you how to incorporate your employee benefits as part of your retirement planning. The training course is designed to make you aware of the necessary steps to take to achieve your financial goals as well as how to avoid financial mistakes.

### **“Fundamentals of Project Management”**

This introductory project management course will provide participants an opportunity to explore methodology and learn how project management can be used to realize increased efficiency and success with projects. Participants will review the critical foundations required to create an effective project plan. All participants will complete a “Temperament” instrument prior to the workshop with assessments discussed during the session.

### **“The Best Kept Secrets of Federal Sexual/Racial Harassment and Discrimination”**

This fast paced “Never Boring” workshop will update federal employees, managers, supervisors and EEO Officials on recent EEO court decisions, legal interpretations, and essential actions for compliance with federal regulations. This session is interactive and may serve as credited time for required EEO Counselor Refresher hours and federal supervisory EEO training requirements.

## Luncheon Information

**Susan Miller**

### **“Working In The Positive Zone”**

#### **Attendees Will Learn...**

- \* How to **S.T.A.R.T.** your day to reach your goals
- \* Exactly **how** to respond to annoying, difficult people (including clients, bosses, co-workers and even spouses!)
- \* The one word that will help you bounce-back from set-backs
- \* How to tap into the Power of Positive Expectancy

### Registration Information

Participants may register for the full day or the luncheon only. Please specify the workshop course codes for which you are registering.

### Registration Deadline:

**March 1, 2010**

Please mail or fax the completed registration form, with payment, to:

**Derby City Chapter**  
**Federally Employed Women**  
**P.O. Box 1721**  
**Louisville, KY 40201-1721**  
**Fax: (812) 945-8703**

For additional information, please contact Rhonda Smith at 502-287-6898 (daytime), 502-345-0460 (evening) or via email at [Rhonda.L.Smith@insightbb.com](mailto:Rhonda.L.Smith@insightbb.com)