



Derby City Pacesetter

Derby City Chapter, FEW, #082, Louisville, Kentucky

Anne Ramsey, Editor

<http://fewderbycity.org>

Jul/Aug 2018

"Put FEW to Work for You"

August 26 is Women's Equality Day

President's Message



Hello again Derby City,

As summer gets in full swing and some of us are dreaming of beaches and ocean breezes, I want to take a moment to say please enjoy your vacations and be safe.

I had a milestone happen for me in June and it has made me understand how "routine" is the glue that keeps our lives together.

My youngest son graduated from high school on June 9. I was very excited and proud of him. The unexpected thing was the feeling of something missing. For 13 years now (counting kindergarten) there has been this staple in our lives called school. Even though summers came and went, we always knew it was there. Now it is over. In the absence of school, we have to prepare for the next phase of life. Everyone in our home. The boys have started looking for jobs and will soon begin the cycle of employment. When something that has been with you for so long suddenly just isn't there any longer it still leaves a hole no matter how prepared you are. I now understand the term empty nest as I face the reality that it is not that far away.

I believe, as I look toward my retirement, that this feeling is very close to the one experienced by all of us as we transition from one phase of our lives to the next. I now, really understand, why it is important to have a plan for your life after you retire. The hole left from your daily routine of just going to work is tremendous. While sleeping in late and doing what you want to do sounds great in theory, I think it is vital to keep yourself engaged in something. For those of you looking at that magical time, please remember to prepare. Just like we prepared for school and jobs, prepare for your retirement activities. Join a club, volunteer, start your own business, or anything you have always dreamed of doing. The important thing is to do something. It is vital to your mental and

physical health. After so many years of working toward this day, make sure that you enjoy it as much as you can. Have a great summer!

Laura

2017 – 2018 Chapter Officers and Committees

President – Laura Dillander

1st Vice President – Esther Thomas

2nd Vice President – Paula Thompson

Secretary – Cherie Hinkle

Treasurer – Becky Giles

Audit – Susan Janssen/Angela Feldman-Harkins

Community Involvement – Ruth Kruer

Diversity – Nancy Neviett Stagner

Training & Scholarships – Aretha Wilkerson

Publicity – Donna Walker

Budget & Finance – Paula Thompson

Membership – Lauralee Northington

Programs – Esther Thomas

Bylaws – Beverly Heiden/Anita Stringer

Compliance - Carol Dawson

Legislative – Mary Lou Andres

Newsletter – Anne Ramsey plus all Officers and Committee

Chairs

Mentoring – Betty Southerland

Parliamentarian – Esther Thomas

If you are interested in serving on any Committee or would like information about any Committee, please contact Laura Dillander at lsdillanderfew@yahoo.com.

FEW Monthly Meeting Info

Thursday, July 26, 2018, 5:30 p.m.
Location: Mimi's, 615 S. Hurstbourne Parkway,
Louisville, Kentucky
Speakers: Attendees of the FEW NTP
Program: Recap of the NTP

Thursday, August 16, 2018, 5:30 p.m.
Location: Mimi's, 615 S. Hurstbourne Parkway,
Louisville, Kentucky
Program: Women's Equality Day

Reservations Requested – Call Esther Thomas, 502-451-4822 or ejt4833@gmail.com.

membership chair, Lauralee Northington at LLNorthington@bellsouth.net.

If you have news about yourself or another member to share, please let me know. Send information to anneramsey@bellsouth.net.

Summary of May Meeting

By Anne Ramsey, Editor

The speaker for the May meeting was Christy Barger, BSN, RN who spoke on the current Hepatitis A epidemic in the Louisville area. Hepatitis A is a highly contagious liver infection which can range from a mild illness lasting a few weeks to a severe illness lasting several months. It can cause death in some people. Symptoms of hepatitis A can include: fever, fatigue, loss of appetite, nausea, vomiting, abdominal pain, dark urine, light-colored stools, joint pain or jaundice. Hepatitis A is associated with poor sanitation and hygiene and is transmitted through ingestion of contaminated food and drink or through direct contact with an infectious person.

Christy was full of facts and figures about the status of Hepatitis A. As of May 15, the last date she had figures for, there had been 356 confirmed cases and 2 deaths in Louisville this year. An average year normally has one to two cases. The goal of the Louisville Metro Health Department is to vaccinate 700,000 people this year. The vaccinations consist of two shots six months apart. The Health Department recommends that every person in the Louisville area get vaccinated.

The Hepatitis A virus currently being spread in our area, originated in San Diego. The populations at highest risk are drug users, alcoholics, the homeless and sex workers. The virus is primarily spread through dirty hands but can remain live on surfaces for months. Recommendations are to wash your hands often for a minimum of two minutes, was all produce and wash surfaces with a bleach solution. The virus can have up to fifty days incubation period, and if infected there is no cure or treatment. It could take six to nine months to get over the illness.

Regular meetings are the third Thursday of each month.

All meetings are held at Mimi's Café, 615 S. Hurstbourne Parkway, Louisville, Kentucky.

July 26, 2018 (1 week later because of the NTP)
August 16, 2018
September 20, 2018
October 18, 2018
November 15, 2018
December – TBD (Christmas Party)

Member News

Anne Ramsey is attending the FEW National Training Program as the winner of the Retiree Scholarship.



Mary Lou Andres won a first place ribbon for her zucchini bread at the Bullet County Fair.



If you have any questions or need help with updating your membership to Lifetime or Diamond, contact your



Christy Barger and Laura Dillander

Summary of June Meeting

By Anne Ramsey, Editor

Our speaker for the June meeting was Thomas K. Stone, Esq. and his assistant, Shelly Gardner. His topic was “Estate Planning and Wills.” He discussed estate planning and probate along with the documents everyone should have prepared.

Durable Power of Attorney – A Durable Power of Attorney is a document that designates a Personal Representative to take care of your business and affairs when you are not able to do so as a result of an accident or medical situation (i.e. dementia). The person selected as your personal representative should be someone you trust to handle your financial affairs and day-to-day affairs in the same manner as you would.

Living Will and Healthcare Surrogate (Advance Directive) – A Living Will allows you to state your wishes regarding life-prolonging treatment and artificially provide nutrition and hydration when you are terminally ill and cannot speak for yourself. In addition, you appoint a Healthcare Surrogate to convey your wishes as set forth in the Living Will.

Last Will and Testament – A Last Will and Testament is one of the most important legal documents every adult should have in place. Without a proper Last Will and Testament, the state will decide who receives your assets in your estate. If you do not have a will in place at the time of your death, your spouse may not receive your estate, as the spouse is fourth in line behind children, parent(s) and sibling(s) in Kentucky. Each

state may differ in that matter. A will needs to be self-proving and should be reviewed every three years.

Trusts – There are many different types of trust that can meet specific needs and goals, depending on your circumstances. Trusts can be used to avoid probate, reduce or postpone possible inheritance and estate taxes, address special needs of a spouse or child, provide for grandchildren, fund a favorite charity, or many other special or unique situations. Your trust can either be revocable or depending on your needs.

“You are never too old; you are never too young; but, you can be too late.”



Laura Dillander and Thomas K. Stone, Esq.

Southeast Region Training (RTP)

Three Derby City Chapter members attended the Southeast Regional Training Program in Panama City Beach, Florida on May 3-5, 2018, hosted by the Panama City Chapter. Their reports follow:

Fraud

By Anne Ramsey

I attended a seminar on Fraud by Paul Vecker, Investigator with the Dade County Sheriff's Office which was very interesting. Some of the current fraud scams making the rounds are:

- Jury duty scam
- IRS tax scam – want payment with prepaid debit card or gift card. The IRS won't ask for payment with prepaid debit cards or wire transfers.

- Computer locked up – call from “Microsoft” offering to fix it for a steep fee. Don’t call the phone number listed and don’t give anyone control of your computer.
- Grandchild needing money for bail. Call your grandchild or another family member yourself.

Mr. Vecker had several tips for everyone to remember to avoid these types of scams:

- Never throw away a medical ID in common trash. It has all your personal identifying information on it.
- Nothing much is really secure.
- Don’t respond to robocalls.
- Watch out for itinerant roofers and driveway repairs. Check them out with the Better Business Bureau.
- False vacation rental companies take money for deposits and never make reservations.
- Whenever someone asks for a gift card bells should go off.
- Never turn in a hotel key card. They have your personal information on them.
- Watch for skimmers on gas pumps. The convenience stores are usually owned by someone different from the gas pumps.
- Many jury and IRS scams are coming out of prisons.
- Never use a debit card at a toll booth.
- Toll frauds – if you get a bill saying you owe a toll you don’t know about, call the administrator.

Highlights of the 2018 Regional Training Program (RTP) in Panama City Beach, Florida

By Mary Lou Andres

RTP 2018 was a lot of fun as well as a great learning experience.

Veterans Benefits:

Sally Ferland, Panama City Florida Department of Veterans Affairs spoke about veterans’ benefits. Before 1980 you only had to serve 30 days to be eligible, but now it’s 24 months. The National Guard is included if you are called to active duty for the same period of time. The longest period of U. S. war is RIGHT NOW! After World War II, WASP women did not get veteran status until the 1960’s. Check with the Commonwealth of Kentucky to determine our state’s veterans’ benefits. Some websites to view for more information are the National Center for Veterans Analysis and Statistics at www.va.gov/vetdata and Women in Military Service for America Memorial at www.womensmemorial.org. Look for help locally online at Kentucky and Indiana Veterans Affairs offices. On the FEW website check out information on Women’s Veterans for Social Justice. At NTP 2018 there will be a Military Women Focus Area and awards recognition.

Women’s Health:

Stacy Van Dyke, U. S. Air Force nurse, was in Oman on September 11, 2001. Anesthesia is her specialty. She discussed several influential women in health care: Elizabeth Blackwell, first female physician 1849; Florence Nightingale, first professional nursing school 1860 which resulted in two-thirds more people surviving during battle; Rebecca Lee Crumpler, first African American Doctor 1864; Sister Mary Bernard Sheridan 1877 – first woman to specialize in anesthesia; Clara Barton, 1881, founded the American Red Cross; Eleanor Roosevelt, 1948, Universal Declaration of Human Rights which includes access to health care; and Gertrude Belle Elion, Chemist, 1988, developed the AIDS drug ZDT.

Between 1977 and 1991, the only change in women’s health care was that the U. S. Department of Health & Human Services established the goal to advance and coordinate women’s health.

The Healthy People 2020 is an effort to eliminate health disparities between sub groups of population. National objectives of the U. S. Preventative Task Force are breast and cervical cancer screening. Until the Affordable Health Care Act (ACA) only 12% were covered. Cancer is a leading cause of death, second to heart disease. One of eight who reach age 80 will have a bout of breast cancer.

Check out the website FinalSolution.org for information regarding efforts to help the 55,000 homeless female veterans.

Solving Problems through understanding Personality Types:

April L. Jones with Visionary Consulting Services, Inc., presented a workshop on Systematic Problem Solving Using Personality Style. She spoke on psychology type, indicating there are 16 types, extravert/introvert and lead/auxiliary. Use problem solving as problem management. There are three levels – basic communication, interaction and dynamics. Extraverts interact with people, talk on the phone, work with others and have a plan of action. Introverts take quiet time away from others, plan or review the day, and think through the plan.

Another speaker, Lisa Nowalk, presented another class on personality types. She began by going back in history to Plato 340BC when personalities were defined as choleric, sanguine, phlegmatic and melancholy.

Her presentation focused on types by colors – Yellow, Green, Blue and Red. (Note: I was yellow!)

Yellow – 35% of people are amiable, not monetary, soft spoken (nurses, doctors) – don't like pushy people

Green – 35% of people are analytical, soft spoken, care about money, in the bank (save), always ask why (engineers accountants) – don't like lazy or late people

Blue – 15% of people are expressive, creative, use money to have fun, innovative, have fun, loud (actors, artists, musicians) – don't like boredom

Red – 15% of people: driven, ego, dress for success, money, power, control, loud – don't like indecision, chit chat, losing control.

How can you identify others' types - observe, assess, recognize.

Team Personality: need all personalities, adjust your style.
Platinum Rule – treat others the way they want or need to be treated.

An example of how different types react to being asked to work overtime:

- Yellow – motive is peace – help out feel good inside, everybody like them
- Blue – motive is fun – to be noticed, receive prize, approval from masses, look good socially
- Green – motive is intimacy – save money, right thing to do, quality product
- Red – motive is power – is usually the one telling people to work overtime, looking for promotion or new job, challenge, look good to few people they respect.

There is no good, no bad, just be uniquely you.
Check out www.MarcAccetta.com for a personality test.

How to make Effective Presentations:

David Balmer with Dale Carnegie presented the topic Presentation Professional discussing the tools needed to prepare and brief a presentation as well as to interact with the audience. He noted presentations are 55% visual, 7% verbal and 38% vocal. You should open with a statement that will evoke interest in your audience. Every presentation requires an audience, a purpose, an opening statement, major points, supporting ideas and evidence and a closing or “call to action.” For your audience to listen to your presentation you must have earned the right to do the presentation, be excited about the topic and eager to share and project value to the listener.

If you've never attended an RTP or NTP start making plans to go soon. The training and networking are exceptional.

Leadership Regional Training Program (RTP)

By Becky Giles

I thoroughly enjoyed this RTP held May 3-5, 2018, in Panama City, Florida hosted by the Panama City Chapter. They had four keynote speakers to inspire us during the opening sessions each morning and during the luncheon programs each day. They were all very informative and inspirational.

The first opening session was given by Sally Ferland. She has been the Veterans Claims Examiner for the State of Florida in Panama City since April 2003. She served ten years in the United States Air Force and she is very proactive in veteran's affairs and assisting veterans and their dependents in obtaining benefits. She provided valuable information and answered many questions from attendees.

Lisa Tindell was another inspirational keynote speaker who gave insight into her career development and how it affected her personal life. She was first employed by the Naval Surface Warfare Center in Panama City in 1985 in the Amphibious Warfare and Strategic Sealift Branch. In 1989, she was assigned as the lead fire control engineer for the Marine Corps' Catapult Launched Fuel Air Explosives Program. In 1989, Lisa was chosen the head of the Computer Engineering Branch then the Surface Mine Countermeasures Combat Systems Branch. In 2013, Ms. Tindell was promoted as the Head of the Littoral Mine Warfare Systems Department. In February 2018, she was reassigned as the Deputy Technical Director for Operations. It was extremely interesting to hear how she progressed in her career in mostly a man's world with the help and advice of mentors and advisors while managing her personal life at the same time. She was able to share mistakes she made as well as positive reinforcements of her career and how it affected her home life.

Karen Rainey was also a keynote speaker for the second day luncheon session and while she was then the Executive Vice President of Federally Employed Women, she is now our President elect. Ms. Rainey has a federal career that spans over a decade with the Internal Revenue Service. She provides technical support and guidance for the IRS system to ensure security and sustainability of the overall tax equipment. She is a strong advocate of equity, diversity, and inclusion and was able to advise attendees of how she felt Federally Employed Women has helped her to these ends and throughout her career.

The lady that I found most inspirational was Lillian Cooper who spoke on goal setting and achieving your goals. She just retired in 2018 from the Naval Surface Warfare Center but her personal goal was to climb Mount Kilimanjaro in Africa. I was very impressed by the fact that she accomplished her goal at the age of 65 by completing a personal climb accompanied only by her guide and porters. She talked about how you have to prepare to reach your goals and how she wore her hiking boots to work for six months with her skirts and suits in order to break them in and prepare for the climb. She succeeded personally even though her husband would not accompany her by preparing, listening to all the advice of her guide and accepting the help of her porters. She had many beautiful and awesome photographs to prove that she did indeed reach the top.

Lastly, I was overwhelmed when I was presented with the Southeast Region Member of the Year Award at the Awards Banquet held the last night of the RTP. I would like to thank my chapter for nominating me, the Southeast Region for selecting me and most of all, Mary Lou Andres for preparing the write-up that led to my selection.

Nominations and Elections Committee

By Mary Lou Andres, Nominations and Elections Chair

The Derby City Chapter Elections Committee announced officers elected at the May meeting are:

President – Aretha Wilkerson
 1st Vice-President – Laura Dillander
 2nd Vice-President – Cherie Hinkle
 Treasurer – Becky Giles
 Secretary – Anita Stringer

Southeast Region Elections

Elections of 2018-2020 Southeast Region Officers are as follows:

Regional Manager – Sylvia Brown
 Assistant Regional Manager – Annie Hollings
 Secretary – Rose Scott
 Treasurer – Julie Gordon

National Elections

FEW National Officers taking office at the National Training Program are:

President – Karen Rainey
 Executive Vice President – Georgia Thomas
 VP for Policy & Planning – Connie Coleman-Lacadie
 VP for Compliance – Tonya Watson
 VP for Congressional Relations – Carmen Chavez-Ghimenti
 VP for Diversity – Patrice Wilson
 VP for Membership & Chapter Organization – Florestine (Flo) Alexander-Tyler
 VP for Training – Kaya Lewis-Baltimore
 Secretary – Shannon Mahan
 Treasurer – Carol D. Jones
 Nominations Officer – Lisa Everett-Robinson



Join us from July 16-20, 2018, at the Atlanta Marriott Marquis in Atlanta, Georgia, for Federally Employed Women's 49th National Training Program (NTP).

The NTP is open to all employees from military, private and public sector organizations who want to climb the ladder to the next step in their career. All courses are Office of Personnel Management (OPM) Executive Competencies aligned and target entry-level employees through senior decision- and policy-makers in the civilian and military areas as well as the private sector. Everyone is invited to increase their skillset at this one-stop shop for training!

👉 **PROFESSIONAL DEVELOPMENT** - The NTP provides valuable class time with subject matter experts in a number of career fields. Attendees return from training re-energized and prepared to actively utilize the skills obtained at the NTP in day-to-day operations.

👉 **DIVERSE ATTENDEES** - Approximately 85 percent of attendees of the NTP are employed in non-supervisory positions and 15 percent are in leadership roles. The NTP is

committed to improving awareness in career development, educational tools, training and leadership.

👉 **EMPLOYER BENEFITS** - Employees garner up-to-date tools and resources to create a stronger workforce. Training encourages a more committed and productive employee which alleviates turnover and promotes retention.

👉 **NETWORKING OPPORTUNITY** - The NTP accomplishes its mission by developing networking opportunities to improve the quality of life for attendees both personally and professionally. Attendees are encouraged to take the knowledge learned and share new skills with their management and peers.

We are inching ever closer to the 2018 NTP. As you plan your travel arrangements, we want to provide you with some information about the beautiful hotel you will be visiting.

Located in the heart of downtown, the Atlanta Marriott Marquis is an iconic destination bursting with style and energy. Step inside our hotel lobby and discover our spectacular atrium, which is anchored by the 50-foot color-changing sail of Pulse. Situated in the Peachtree Center, our hotel places travelers near a MARTA rail station, Georgia World Congress Center and AmericasMart Atlanta. Once you've explored downtown Atlanta, settle into our spacious guest rooms, all of which feature stunning cityscape views, state-of-the-art technology and serious creature comforts.

listen to the event. It was very motivating and hopefully will bring the ERA much needed support.

IT'S TIME TO GET ENGAGED!!!

The FEW.org website showcases a new legislative feature. The new on-line advocacy tool called ENGAGE replaces the former CAPWIZ feature. The updated feature simplifies access to legislative information based on a member's zip code and state of residency. All members are urged to take a look at the new features and subscribe to legislative email updates. Three key features of the ENGAGE legislative tool:

1. Interactive national map to details on state and national 2018 elections and voter registration deadlines.
2. Easy communications with federal legislators with sample messages to modify on key issues. These include: Equal Pay, Sexual Harassment & Gender Discrimination, Paid Family Medical Leave, Equal Rights Amendment, Support for Increase in Federal Workforce Pay to Attract Skilled Workers and Maintenance of Retirement Benefits.
3. Click access to track details on legislation FEW follows with easy to read details on FEW's position and state by state legislative co-sponsors in Congress.

Upcoming Events:

August 25, 2018 – League of Women Voters Women's Equality Day Event at Frazier Museum

October 9, 2018 – Last day to register to vote in the General Election

November 6, 2018 – General Election Day

Legislative Committee

By Mary Lou Andres, Legislative Chair

IMPORTANT NEWS: May 30, 2018 – With a House vote of 72-45 Illinois became the 37th state to ratify the Equal Rights Amendment (ERA) to the Constitution. Thirty-eight states are needed to ratify the ERA to make it effective.

A shadow hearing and press conference "A New Era for the ERA" on June 6, 2018, was hosted by Congresswoman Carolyn Maloney. The event was livestreamed on Congresswoman Maloney's Facebook and Twitter. Witness testimony was provided by actress and activist Alyssa Milano, Jessica Lenahan (Gonzalez) and others. I was unable to listen live but went to the Facebook page and was able to view and

NARFE News

By Dorsey Kozarovich

Recently, NARFE sent a letter to the Senate Appropriations Subcommittee on Financial Services and General Government requesting a 2019 pay increase for the federal workforce. The letter specifically requests that the money be appropriated through the Financial Services and General Government Appropriations bill.

On June 19, the Senate Appropriations Subcommittee on Financial Services and General Government approved the \$23.688 billion fiscal year 2019 (FY19) Financial Services and Government Appropriations bill. The bill includes a

modest 1.9 percent pay increase for civilian federal employees in calendar year 2019. This matches the raise provided to civilian federal employees this year. On June 21, an amendment to strike the 1.9 percent raise was soundly defeated, with all members of the committee voting against it except for two. It is unclear when the bill will be considered by the full Senate. The companion House bill did not contain a raise for federal employees.

President Trump has stated his intention to freeze federal pay in 2019. This is the one component of the president's FY19 budget proposal that he can enact without congressional approval. If Congress does not approve a pay raise, federal pay will remain stagnant while the economy continues to grow and private-sector wages continue to rise.

On July 26, at 2:00 p.m., NARFE is sponsoring a webinar, "Federal Benefits-Insure your Peace of Mind" with the head of the NARFE Federal Benefits Institute. Register at www.narfe.org.

Up Coming Events

- ✓ July 12, 2018 – Installation of Officers, Gold Vault Chapter
- ✓ July 16-20, 2018 – FEW National Training Program; Atlanta, Georgia
- ✓ August 25, 2018 – League of Women Voters Women's Equality Day Event at Frazier Museum
- ✓ August 26-28, 2018 – FEDcon18; Jacksonville, Florida. One-of-a-kind forum celebrating the dedication of America's civil servants with thought-provoking speakers, leadership training, intensive education on federal benefits and financial planning, and opportunities to connect with fellow NARFE members and federal colleagues. Visit www.narfe.org/FedCon18 today for registration and daily event details!

Deadline for articles for the next issue of the Pacesetter is August 25, 2018.

News & Views

Our latest issue of News & Views is now available. We will continue to strive to provide a behind the scenes look at Federally Employed Women's (FEW) National, Region and Chapter levels and the activities they conduct to support FEW's mission and to engage with our sponsors and partners. In addition, we hope everyone can use the newsletter as a marketing tool when recruiting new members, reaching out to potential sponsors and when conducting agency visits.

To view News & Views online, click <https://www.few.org/newscenter/news-views/>. If you would like to provide feedback, please send to few@few.org.

The Pacesetter is published bi-monthly as a means of sharing the many issues of interest to all FEW members and potential members. Articles are welcome from all sources. The editor reserves the right to edit for space requirements. The published views do not necessarily reflect the organization's stand or that of any particular person except as stated in the article. Send any articles or ideas to Anne Ramsey, Editor. Phone: 502-451-2127. E-mail: anneramsey@bellsouth.net.

* Stars indicate required fields



Membership Application and Renewal

Please mail this application and a \$45 check to: **Federally Employed Women**
P.O. Box 75551
Baltimore, MD 21275-5551

* Member Type	(Check one)	Member ID	Gender
New Member	<input type="checkbox"/>	(N/A for New Members)	Male
Renewal	<input type="checkbox"/>	ID:	Female
Former Member	<input type="checkbox"/>	ID:	

* First Name:		* Home Address	
* Last Name:		Line 2	
* Daytime Phone:	() -	Line 3	
* Evening Phone:	() -	* City	
Email Preference	Home / Work	* State / Zip	/ -
Home Email:			
Work Email:			

Employment Demographics

Department/Agency or Private Company

Pay Class	Pay Grade	Employment	Race	FWP/EEO
GS	GS 1-4	Federal	American Indian	FWP Full Time
ES	GS 5-8	State	Asian/Pacific	FWP Part Time
GM	GS 9-12	Local	Black	EEO
SES	GS 13-15	Private	Hispanic	Other
WG		Retired	Caucasian	Not Applicable
Other		Unemployed	Other	
<u>Job Series Number</u>			<u>Service Comp Date</u>	
<u>Referred / Recruited by:</u>				

<u>Chapter Selection (REQUIRED FIELD)</u>	
<u>Check # (Required)</u>	

I heard of FEW from: (select ONE please)

Chapter Meetings / Programs	Blacks in Government	Internet Search
Member Referral	FAPAC Conference	Friend
National Training Program	IMAGE Conference	Co-Worker
Regional Training Program	SAIGE Conference	Other

Please mail only applications and checks to the lockbox. The lockbox is not for general correspondence.
For information about Federally Employed Women (FEW) or to join online, please visit: <http://www.few.org>

Please note:

- Annual membership dues are \$45 total.
- Eligibility for Chapter membership is contingent on National membership.
- No refunds will be made after an application has been received in the lockbox.
- Contributions or gifts to FEW are not deductible as charitable contributions for federal income tax purposes.