



Derby City Pacesetter

Derby City Chapter, FEW, #082, Louisville, Kentucky

Anne Ramsey, Editor

<http://fewderbycity.org>

Jan/Feb 2018

"Put FEW to Work for You"

*Jan 15 is Martin Luther King, Jr. Day
February is African American History Month
February 19 is President's Day*

President's Message



Greetings Everyone,

As I write this, the holiday season is winding down and we are heading into a bitterly cold January. I hope that all of you enjoyed your holidays and made great memories. I also want to urge you to stay safe during this winter season. The bitter cold is a time to take extra care to protect you.

January is also a time to prepare for the year ahead. New Year's resolutions are often broken by the end of January but they teach us an important lesson on setting goals for ourselves. In order for a goal to be successful it has to be realistic so that we don't give up at the first roadblock. To reach those long term-goals you should plan out short-term goals like pit stops that help you arrive at your destination. After you have your goal and mini goals set, chart your course by making a plan to reach that first pit stop and the next. Remember to be flexible so that when you reach an inevitable road block you can adjust to move around it and put yourself back on track. Try not to get discouraged. Just adjust to the situation to keep moving in a positive direction. Next, you need to exam the plan on a periodic basis so that you can make those adjustments and tweaks to keep the goals relative for success. Lastly, don't wait to celebrate the accomplishment of the major goal but celebrate your pit stops. This helps to keep your attitude uplifted and encourages you to finish your journey. My wish for you is that you have a successful journey to the satisfaction of your goals.

Derby City is busy making plans for the year ahead. It started at our wonderful retreat in November and will continue during the next few months as we firm up our plans. Please stay tuned for upcoming events. Your officers need your help to make these events successful so

if you can volunteer to help once we announce events that would be great.

January is also the month we select our nominating committee for our annual elections. If you are interested in helping us find your new officers please contact me (lsdillanderfew@yahoo.com), Esther Thomas (ejt4833@gmail.com), or Paula Thompson (cfcle@hotmail.com).

Our January chapter meeting will be at Mimi's Café on January 18 at 5:30 p.m. Mary Lou will be presenting a program on legislative issues. I look forward to seeing everyone there and sharing good food, good company and good information.

Laura

2017 – 2018 Chapter Officers and Committees

President – Laura Dillander
1st Vice President – Esther Thomas
2nd Vice President – Paula Thompson
Secretary – Cherie Hinkle
Treasurer – Becky Giles

Audit – Susan Janssen/Angela Feldman-Harkins
Community Involvement – Ruth Kruer
Diversity – Nancy Neviatt Stagner
Training & Scholarships – Aretha Wilkerson
Publicity – Donna Walker
Budget & Finance – Paula Thompson
Membership – Lauralee Northington
Programs – Esther Thomas
Bylaws – Beverly Heiden/Anita Stringer
Compliance - Carol Dawson
Legislative – Mary Lou Andres
Newsletter – Anne Ramsey plus all Officers and Committee Chairs

Mentoring – Betty Southerland
Parliamentarian – Esther Thomas

If you are interested in serving on any Committee or would like information about any Committee, please contact

Laura Dillander at lsdillanderfew@yahoo.com.

FEW Monthly Meeting Info

Thursday, January 18, 2018, 5:30 p.m.
Location: Mimi's, 615 S. Hurstbourne Parkway,
Louisville, Kentucky
Speaker: Mary Lou Andres
Program: "Legislative Issues"

Thursday, February 15, 2018, 5:30 p.m.
Location: Mimi's, 615 S. Hurstbourne Parkway,
Louisville, Kentucky
Speaker: TBD
Program: TBD

Reservations Requested – Call Esther Thomas, 502-451-4822 or ejt4833@gmail.com.

Regular meetings are the third Thursday of each month.

All meetings are held at Mimi's Café, 615 S. Hurstbourne Parkway, Louisville, Kentucky.

January 18, 2018
February 15, 2018
March 15, 2018
April 19, 2018
May 17, 2018
June 21, 2018
July 26, 2018 (1 week later because of the NTP)
August 16, 2018
September 20, 2018
October 18, 2018
November 15, 2018
December – TBD (Christmas Party)

Member News

Nothing reported.

If you have any questions or need help with updating your membership to Lifetime or Diamond, contact your membership chair, Lauralee Northington at LLNorthington@bellsouth.net.

If you have news about yourself or another member to share, please let me know. Send information to anneramsey@bellsouth.net.

Ronald McDonald Christmas Project

By Ruth Krueer, Community Activities Chair

On Monday, December 18, Becky Giles and Ruth Krueer delivered all of the items that we had accumulated during the last few months to the staff at the Ronald McDonald House in Louisville, Kentucky. They were very appreciative of our efforts.

Donations included gifts for Christmas (toys, puzzles, and books), cleaning supplies, calendars, notepads, aluminum can pull-tabs, and travel-size toiletries. We also provided hats, scarves, and mittens for the little ones. Some other suggestions for needed items included Swiffer supplies, dishwasher detergent, paper towels, toilet paper, and liquid bleach. An up-dated wish list will be made available at a later date.

Please continue to contribute to this on-going charitable project. Bring or send items to any of our regular monthly meetings. The committee will continue to make deliveries periodically throughout the year.



Ruth Krueger, Becky Giles and Ronald McDonald House Staff Member

While women certainly enjoy more rights today than they did when the ERA was first introduced in 1923 or when it was passed by Congress in 1972, hard-won laws against sex discrimination do not rest on any unequivocal constitutional foundation. They can be inconsistently enforced or even repealed. Elements of sex discrimination remain in statutory and case law, and courts have had difficulty applying a consistent standard to gender-based classification.

Four separate bills have been introduced (two in the House and two in the Senate) covering the two different approaches cited above. FEW supports either approach to achieve the end result – full equality. Therefore, we are asking legislators to support both Resolutions in their respective chambers. Get involved in this important issue and help ensure that women receive full and equal rights in our Nation. We can make a difference. If you have any questions at all, do not hesitate to contact Washington Premier Group at 202-670-2298, or tσαunders@washingtonpremiergroup.net.

The National Active and Retired Federal Employees (NARFE) organization also has a very active Legislative Agenda. Go to www.narfe.org to participate and let your legislators know that the federal community has paid their fair share to reduce the deficit and shouldn't be targeted again in 2018!

Legislative News

By Mary Lou Andres, Legislative Chair

All FEW members are encouraged to go to www.few.org, click on the Legislative tab to access Capwiz and send letters to your legislators seeking support for House of Representatives (H.R.) 1516, the Healthy Families Act that was introduced by Congresswoman Rosa De Lauro. There are 41 million working people without paid sick days. This important legislation would guarantee working people the right to earn up to seven paid sick days per year to recover from their own illnesses, care for a sick family member or seek preventive care.

FEW also asks that you contact your legislators and urge them to co-sponsor and support the Resolutions in both the House and Senate that remove the deadline for States to ratify the Equal Rights Amendment (ERA) to the U.S. Constitution and/or begin the process that states:

“Equality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex.”

Priority should be given to passage of the ERA since full legal equality under the United States Constitution is essential for women to be equal partners and participants in our society.

Leadership Opportunity! From the Southeast Region Nominations And Elections Committee



It is not too soon to consider nominating yourself or someone else (with their permission) to one of the elected positions on the Southeast Regional Board.

The Term of Office is August 1, 2018 – July 31, 2020, and vacancies to be filled are:

Regional Manager	Secretary
Assistant Regional Manager	Treasurer

The Bylaws of FEW allow anyone to hold positions at two levels – Chapter, Regional or National. All candidates shall be members in good standing for at least the immediate past two consecutive years and stay in good standing throughout their term of office.

We need nominees from across the region with representation from different chapters.

Nominations are due by March 9, 2018. For further information to include the duties of the elected officers, please review the SE Region Bylaws dated October 2017 or contact any member of the nominations committee at:

Gabrielle Land, Oak Ridge Chapter, Nominations and Elections Committee Chair (gabrielle.land14@gmail.com)

Remona Bradshaw-Hazel, Savannah River Chapter (rbhazel@bellsouth.net)

Jean Grenville, Space Coast Chapter (jeangrenville@aol.com)

Dawn M. Scholl, Gold Vault Chapter (dawnmscholl62@gmail.com)

questions, such as why October is the best month for some Feds to retire. Register at www.narfe.org.



**GET!
INVOLVED!**

Sisterhood!

Fellowship!

Scholarships



NARFE News

By Dorsey Kozarovich

As 2018 rolls in, not retired yet but thinking of the future? Or newly retired? NARFE has a one hour webinar to help you learn about your benefits and options to help avoid any obstacles on your road to retirement. This one-hour webinar addresses issues that could easily derail your retirement plan and may not be covered in a benefit or pre-retirement seminar.

Join NARFE Federal Benefits Institute Deputy Director James Marshall on January 25 at 2:00 p.m. Eastern Time, for tips and tools for planning your federal retirement and answer your

FEEA released their 2018 Scholarship Application! You can read more about their program, access the instructions and the online application by visiting: www.feea.org/scholarships. The deadline for applications is March 21, 2018.

FEEA supports its scholarship program through donations from individuals and a number of partners, including corporations, unions, and associations. We will be offering a webinar with tips for applicants in early 2018. Follow us on Facebook and Twitter @fedshelpingfeds to learn more.

News & Views

The latest issue of News & Views is available on the FEW website. We will continue to strive to provide a behind the scenes look at FEW's National, Region and Chapter levels and the activities they conduct to support FEW's mission and to engage with our sponsors and partners. In addition, we hope everyone can use the newsletter as a marketing tool when recruiting new members, reaching out to potential sponsors and when conducting agency visits.

To view News & Views online, click <https://www.few.org/newscenter/news-views/>. If you would like to provide feedback, please send to few@few.org.

Up Coming Events

✓May 3-5, 2018 – Southeast Regional Training Program: “LeadHERship thru Fair Winds and Following Seas,” Panama City, Florida

✓July 16-20, 2018 – FEW National Training Program; Atlanta, Georgia

Deadline for articles for the next issue of the Pacesetter is February 25, 2018.

The Pacesetter is published bi-monthly as a means of sharing the many issues of interest to all FEW members and potential members. Articles are welcome from all sources. The editor reserves the right to edit for space requirements. The published views do not necessarily reflect the organization's stand or that of any particular person except as stated in the article. Send any articles or ideas to Anne Ramsey, Editor. Phone: 502-451-2127. E-mail: anneramsey@bellsouth.net.

* Stars indicate required fields



Membership Application and Renewal

Please mail this application and a \$45 check to: **Federally Employed Women**
P.O. Box 75551
Baltimore, MD 21275-5551

* Member Type	(Check one)	Member ID	Gender	
New Member	<input type="checkbox"/>	(N/A for New Members)	Male	<input type="checkbox"/>
Renewal	<input type="checkbox"/>	ID:	Female	<input type="checkbox"/>
Former Member	<input type="checkbox"/>	ID:		

* First Name:		* Home Address	
* Last Name:		Line 2	
* Daytime Phone:	() -	Line 3	
* Evening Phone:	() -	* City	
Email Preference	Home / Work	* State / Zip	/ -
Home Email:			
Work Email:			

Employment Demographics

Department/Agency or Private Company

Pay Class	Pay Grade	Employment	Race	FWP/EEQ
GS	GS 1-4	Federal	American Indian	FWP Full Time
ES	GS 5-8	State	Asian/Pacific	FWP Part Time
GM	GS 9-12	Local	Black	EEO
SES	GS 13-15	Private	Hispanic	Other
WG		Retired	Caucasian	Not Applicable
Other		Unemployed	Other	
Job Series Number			Service Comp Date	
Referred / Recruited by:				

Chapter Selection (REQUIRED FIELD)	
Check # (Required)	

I heard of FEW from: (select ONE please)

Chapter Meetings / Programs	Blacks in Government	Internet Search
Member Referral	FAPAC Conference	Friend
National Training Program	IMAGE Conference	Co-Worker
Regional Training Program	SAIGE Conference	Other

Please mail only applications and checks to the lockbox. The lockbox is not for general correspondence.
For information about Federally Employed Women (FEW) or to join online, please visit: <http://www.few.org>

Please note:

- Annual membership dues are \$45 total.
- Eligibility for Chapter membership is contingent on National membership.
- No refunds will be made after an application has been received in the lockbox.
- Contributions or gifts to FEW are not deductible as charitable contributions for federal Income Tax purposes.